

## Shrove Tuesday! Mardi Gras! Fat Tuesday! Carnival! or is it Pancake Day?

Whatever you call it, it's coming to St. Philip's

Tuesday, February 9th, 5:30—7:00 pm



## Pancake Day

This year, Shrove Tuesday is on **February 9** and in celebration we are having a Pancake Dinner from **5:30 - 7:00 pm** in the Parish Hall. The menu includes pancakes with fruit, sausage, apple sauce, and coffee or juice. You will have the opportunity to make a free-will donation at the celebration to offset the cost of supplies.

In the Christian calendar, Shrovetide is the last week of the season of Epiphany. Shrove Tuesday is the last day of Shrovetide and the day before Ash Wednesday, the first day of Lent. It gets its name from the ritual of shricing, when the faithful confessed their sins and received forgiveness before the Lenten season began.

Shrovetide is the English equivalent of Carnival. In cultures that celebrate Carnival, Shrove Tuesday is known as Mardi Gras, which literally means "Fat Tuesday" in French. Carnival comes from the Latin words carne vale, meaning "farewell to the flesh."

It is in this spirit that on Shrove Tuesday, Christians emptied their pantries of foods of the flesh and from the flesh, such as meats, eggs, milk and butter, in preparation for the 40-day Lenten fasting and abstinence period.



What did they do with the eggs, milk and butter? Mix them with flour and made pancakes, of course! That is how Shrove Tuesday became Pancake Tuesday, or Pancake Day.

**See you Tuesday, February 9th from 5:30 to 7:00 p.m. for pancakes!!**

## Everyone is invited!

## Join us for fellowship and pancakes!



**This Week: Feb. 7-Feb. 13**

**February 5-7: WINTER RETREAT**

Mon., 10 am, 2nd Monday Book Club

Wed, 10:30, **Theology Book Group**, Sanctuary

Wed, 6:30, **H.S. Youth: God Talk**, Youth Room

Thu, 5pm, **Food Pantry**, Foyer

Sat., 5 pm, **Overnight Guests**, Parish Hall

**Please welcome Father John Duncan**

Fr. Duncan is serving as our presider and preacher at both services today. Pastor Mary and 47 of us are on the Winter Retreat at Zephyr Cove Presbyterian Center in South Lake Tahoe.



**LENT**

**Feb. 9, Shrove Tuesday Pancake Party, 5:30-7**

**Feb. 10, Disposition of Ashes, 12 noon & 7 pm**

**Feb. 17-Mar. 16, Lenten Soup Suppers,**

Led by Pastor Mary and Pastor Mike.

**Hey, High Schoolers -- During Lent**

**Wednesday February 10, 7pm: Ash Weds. Service**

**Feb. 17-Mar.16** from 6:00 to 8:00p.m

Youth group for high schoolers and young adults eat with whole community for Soup Suppers, then gathers in Room 3 for fellowship and faith. **Ok to bring homework!** Young adults Alex and Elana Titus help lead discussion.

Invite your friends!

**Talking  
of God**

***There's so much hunger in the world.***

***What can one person do?***

*Make a meal for our Overnighters. That's what one person can do. Please take a moment after services to consider when you—maybe with friends or family—would like to prepare a meal for our guests in the coming year.*

***It's a Good Thing!***

*Association of Faith Communities Shelters*